



Dinner Series of 2020–2021

THIRD ANNUAL:
PRESCRIPTION FOR LONG LIFE CONFERENCE SERIES

NOVEMBER 17, 2020
VIRTUAL CONFERENCE

Provided by Maimonides Medical Center; Charles B. Wang Community Health Center;
Coalition of Asian-American IPA, Inc.; Chinese American Medical Society; and Healthfirst



Third Annual: Prescription for Long Life Conference Series

DINNER SERIES OF 2020–2021

PROGRAM OVERVIEW

In this series of lectures, the overall goals will be to summarize what is known about burnout, physician wellness, use of dietary and herbal supplements, destructive behavior, and education on diet. The relationships among these topics can be explored further with the speakers as they develop their lectures, and can provide a way to reinforce the information in each of the lectures while serving as a lead-in from one lecture to the next.

PROGRAM OBJECTIVES

At the conclusion of this activity, participants will be able to:

Objective 1

Analyze the factors and challenges of herbal and dietary supplements

Objective 2

Integrate evidence-based approaches to improving physician wellness

Objective 3

Identify current and innovative digital solutions for medicine

TARGET AUDIENCE

Medical directors, physicians, physician assistants, nurse practitioners, nurses, health professionals, and practice leaders that serve high-risk populations.

FOR JOINTLY SPONSORED ACTIVITIES

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Medical Society of the State of New York (MSSNY) through the joint sponsorship of Maimonides Medical Center; Charles B. Wang Community Health Center; Coalition of Asian-American IPA, Inc.; Chinese American Medical Society; and Healthfirst. Maimonides Medical Center is accredited by MSSNY to provide continuing medical education for physicians.

CREDIT DESIGNATION

The Maimonides Medical Center designates this live activity for a maximum of 2.0 AMA PRA Category 1 Credit(s)TM. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

VERIFICATION OF ATTENDANCE

Verification of attendance will be provided to all professionals.

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FACULTY DISCLOSURE

It is the policy of Maimonides Medical Center to ensure objectivity, balance, independence, transparency, and scientific rigor in all CME-sponsored educational activities. All faculty participating in the planning or implementation of a sponsored activity are expected to disclose to the audience any relevant financial relationships and to assist in resolving any conflict of interest that may arise from the relationship. Presenters must also make a meaningful disclosure to the audience of their discussions of unlabeled or unapproved drugs or devices. This information will be available as part of the course materials.

SPECIAL NEEDS

Maimonides Medical Center is in full compliance with provisions of the Americans with Disabilities Act (ADA) and is accessible to individuals with special needs. If you would like to attend this conference and require any special needs or accommodations, please contact Jamie Love, Administrator, Chinese American Medical Society, at 1-212-334-4760.

REGISTRATION

If you need additional information or to register for the conference, please email Jamie Love, Chinese American Medical Society (jlove@camsociety.org), or call 1-212-334-4760.

Speaker



Gary Deng, MD, PhD

*Medical Director, The Bendheim Integrative Medicine Center,
Memorial Sloan Kettering Cancer Center*

Dr. Deng is Medical Director of the Bendheim Integrative Medicine Center at Memorial Sloan Kettering Cancer Center (MSKCC) and Professor of Clinical Medicine at Weill Cornell Medical College of Cornell University in New York. His professional expertise is in the use of an integrative medicine approach to help patients throughout the continuum of cancer prevention, treatment, and survivorship.

Dr. Deng has taken a leadership role in the emerging and evolving field of integrative oncology. He has built a robust integrative medicine physician practice and directs clinical services provided at the Bendheim Integrative Medicine Center at MSKCC. Dr. Deng is active in conducting research and developing innovations in the field. He is principal investigator of research projects on acupuncture, yoga, and botanical agents. Dr. Deng has developed education programs for physicians, nurses, acupuncturists, massage therapists, and yoga instructors. He is lead author of several integrative oncology clinical practice guidelines and numerous publications of clinical trial data, reviews, and textbook chapters. Dr. Deng is frequently invited to give lectures internationally to both professional and lay audiences and to review clinical trial protocols, manuscripts, and grant applications.

Dr. Deng received his medical degree from Beijing Medical University, China, and his Ph.D. degree in Microbiology and Immunology from the University of Miami, Florida. He completed his clinical training at the University of Texas Medical School at Houston and his research training at the University of Texas M.D. Anderson Cancer Center. Dr. Deng is a past president of the Society for Integrative Oncology.

Tuesday, November 17, 2020

6:55PM–7:00PM

Welcome and Introduction
Dara Huang, MD
Assistant Clinical Professor, Northwell Health

LECTURE

7:00PM–8:30PM

Six Pillars of Health
Gary Deng, MD, PhD
*Medical Director, The Bendheim Integrative Medicine Center,
Memorial Sloan Kettering Cancer Center*

8:30PM–9:00PM

Question and Answer Session

ADJOURN

THANK YOU FOR ATTENDING THE THIRD ANNUAL "PRESCRIPTION FOR LONG LIFE," PROVIDED BY MAIMONIDES MEDICAL CENTER; CHARLES B. WANG COMMUNITY HEALTH CENTER; COALITION OF ASIAN-AMERICAN IPA, INC.; CHINESE AMERICAN MEDICAL SOCIETY; AND HEALTHFIRST.

COURSE DIRECTORS

Susan J. Beane, MD

*Executive Medical Director
Clinical Partnerships
Healthfirst*

Benjamin Lee, MD

*Chief of Thoracic Surgery
NewYork-Presbyterian Queens
Assistant Professor of Clinical
Cardiothoracic Surgery
Weill Cornell Medicine*

Cynthia X. Pan, MD

*Program Committee Co-Chair
Chief, Division of Geriatrics and Palliative
Care Medicine
Designated Institution Official (DIO) of
Graduate Medical Education (GME)
NewYork-Presbyterian Queens
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ABOUT HEALTHFIRST

Healthfirst is New York's largest not-for-profit health insurer, earning the trust of 1.6 million members by offering access to affordable healthcare. Sponsored by New York City's leading hospitals, Healthfirst's unique advantage is rooted in its mission to put members first by working closely with its broad network of providers on shared goals. Healthfirst takes pride in being pioneers of the value-based care model, recognized as a national best practice. For more than 25 years, Healthfirst has built its reputation in the community for top-quality products and services New Yorkers can depend on. It has grown significantly to serve the needs of members, offering market-leading products to fit every life stage, including Medicaid plans, Medicare Advantage plans, long-term care plans, qualified health plans, and individual and small group plans. Healthfirst serves members in New York City and Long Island, as well as in Westchester, Sullivan, and Orange counties. For more information on Healthfirst, visit [healthfirst.org](https://www.healthfirst.org).

ABOUT MAIMONIDES MEDICAL CENTER

Maimonides Medical Center is at the forefront of innovation in medical science and is the largest hospital in Brooklyn – the most populous borough in New York City. Maimonides Heart & Vascular Institute ranks among the top 1% of hospitals in the U.S. for heart attack and heart failure patient outcomes. Our Department of Surgery has experts in all major specialties. Its cardiac, neurologic, orthopedic, thoracic and urologic divisions are among the best in the nation, supported by superb anesthesiology services, advanced imaging technology and next-generation operating rooms.

The accredited Maimonides Cancer Center is the only full-service cancer center in Brooklyn, providing all treatment modalities and specialties. Our highly regarded Breast Center is home to a Breast Imaging Center of Excellence. Maimonides is a New York State-designated Regional Perinatal Center, accepting high-risk maternity patients – a reflection of our expertise in obstetrics and neonatology. More babies are born at Maimonides than at any other hospital in New York State. The Maimonides Children's Hospital is the only children's hospital in Brooklyn and provides all major pediatric specialty services. Pediatric care is provided in our modern inpatient unit, advanced pediatric ICU, and accredited Pediatric Emergency Center. Maimonides Medical Center is continuously enriching and expanding services to meet the growing needs of the residents of Brooklyn.

For more information about Maimonides Medical Center, visit [maimonidesmed.org](https://www.maimonidesmed.org).

ABOUT CHARLES B. WANG COMMUNITY HEALTH CENTER

The Charles B. Wang Community Health Center is a nonprofit and federally qualified health center offering comprehensive primary care services to all, accepting most major health insurance plans, and serves everyone regardless of their ability to pay, the language they speak, or their immigration history. For more information, please visit cbwchc.org.

ABOUT COALITION OF ASIAN-AMERICAN IPA, INC.

CAIPA (Coalition of Asian-American IPA) is one of the most successful independent practice associations in Greater New York with over 1,000 private practice providers, covering over 70 specialties. Its provider network currently provides medical services and care to about half-a-million patient population in the Asian community. At CAIPA, its mission has always been to unite the top health professionals to deliver culturally sensitive and quality care, utilizing the most cost-effective approach.

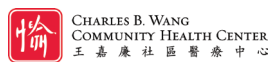
ABOUT CHINESE AMERICAN MEDICAL SOCIETY

The Chinese American Medical Society (CAMS) is a non-profit, charitable, educational, and scientific organization committed to education and community service. Established in 1964, it is the oldest and now one of the largest and most successful national Chinese American medical societies in North America with regional chapters in Boston and Albany and over 1,300 members. The officers and the trustees of the governing board are leading physicians in the New York metropolitan area who volunteer their services to CAMS.



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