

## Bipolar Disorder

At Healthfirst, we are committed to helping providers accurately document and code their patients' health records. This tip sheet is intended to assist providers and coding staff with the documentation and ICD-10-CM selection on services submitted to Healthfirst specifically for common types of **Bipolar Disorder**. It provides information from industry sources about proper coding practice. However, this document does not represent or guarantee that Healthfirst will cover and/or pay for the services outlined. Coverage decisions are based on the terms of the applicable evidence of coverage and the provider's participation agreement. This includes the determination of any amount that Healthfirst or the member owes the provider.

Bipolar disorder, also known as manic-depressive disorder or manic-depressive psychosis, is a major affective disorder that has appeared in both the depressive and manic form, in a cyclical pattern, either alternating or separated by an interval of normality (recurrence and remission).

### ICD-10 Codes and Descriptions

ICD-10 Code	Description
<b>F31.0</b>	Bipolar disorder, current episode hypomanic
<b>F31.1*</b>	Bipolar disorder, current episode manic without psychotic features
<b>F31.2</b>	Bipolar disorder, current episode manic severe with psychotic features
<b>F31.3*</b>	Bipolar disorder, current episode depressed, mild or moderate severity
<b>F31.4</b>	Bipolar disorder, current episode depressed, severe, without psychotic features
<b>F31.5</b>	Bipolar disorder, current episode depressed, severe, with psychotic features

# Documentation and Coding

ICD-10 Code	Description
<b>F31.6*</b>	Bipolar disorder, current episode mixed
<b>F31.7*</b>	Bipolar disorder, currently in remission
<b>F31.8*</b>	Other bipolar disorders
<b>F31.9†</b>	Bipolar disorder, unspecified

\*Additional digits are required to complete the code.

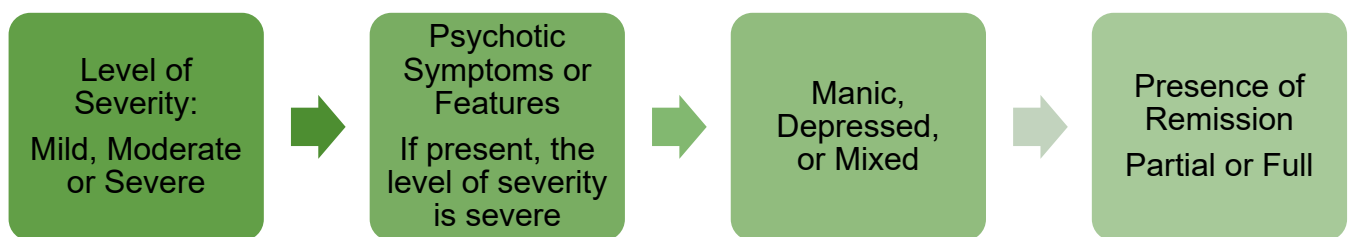
†Use only in the event that no other code describes the condition.

## Coding Tips

- **F31\*** - Bipolar disorder cannot be coded with **F30\*** - Bipolar disorder, single manic episode, **F33\*** - Major depressive disorder, recurrent, **F32\*** - Major depressive disorder, single episode category codes.
- Category **F31\*** Bipolar disorder, includes bipolar I disorder, bipolar type I disorder, manic-depressive illness, manic-depressive psychosis, manic-depressive reaction

\*Additional digits are required to complete the code.

## Clinical Documentation should Include:



# Documentation and Coding

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## Coding Example

A patient was diagnosed with bipolar disorder and major depressive disorder recurrent, mild. Category F31, Bipolar disease, has an “Excludes1” note for “major depressive disorder, recurrent (F33-),” and category F33, Major depressive disorder, recurrent, has an “Excludes1” note for “bipolar disorder (F31-).” What code is assigned when both conditions are documented?

ICD-10 CM:  
F31.9 - Bipolar disorder,  
unspecified

Assign code F31.9, Bipolar disorder, unspecified. Bipolar disorder includes both depression and mania, and it is more important to capture the bipolar disorder. Therefore, a code for depression would not be reported separately.  
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## References

- <https://www.cms.gov/files/document/fy-2025-icd-10-cm-coding-guidelines.pdf>
- <https://www.codingclinicadvisor.com/>

## Questions?

Contact us at [#Risk Adjustments and clinical Documentation@healthfirst.org](mailto:#Risk_Adjustments_and_clinical_Documentation@healthfirst.org).

For additional documentation and coding guidance, please visit the coding section on [HFproviders.org](http://HFproviders.org)

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