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Cardiomyopathy

At Healthfirst, we are committed to helping providers accurately document and code their patients' health records. This tip sheet is intended to assist providers and coding staff with the documentation and ICD-10-CM selection, on services submitted to Healthfirst—specifically for the main type of **cardiomyopathy**. It provides information from industry sources about proper coding practice. However, this document does not represent or guarantee that Healthfirst will cover and/or pay for services outlined. Coverage decisions are based on the terms of the applicable evidence of coverage and the provider's participation agreement. This includes the determination of any amount that Healthfirst or the member owes the provider.

Cardiomyopathy is a disease of heart muscle that makes it harder for the heart to pump blood to the rest of the body. Cardiomyopathy can lead to heart failure.

Coding Tips

- **I42.00** - Dilated cardiomyopathy, unspecified also known as congestive cardiomyopathy NOS
 - **I42.01** - Familial-genetic dilated cardiomyopathy
 - **I42.09** - Other dilated (nonfamilial) cardiomyopathy
 - **I42.81** - Arrhythmogenic cardiomyopathy
 - **I42.89** - Other cardiomyopathies not elsewhere classified
- Documentation of both ischemic and dilated cardiomyopathy: code **I25.5**, Ischemic cardiomyopathy, then code **I42.00**, Dilated cardiomyopathy.
- Hypertensive cardiomyopathy requires the assignment of two diagnosis codes:
 - **I11.9** - Hypertensive heart disease NOS
 - **I43** - Cardiomyopathy in diseases classified elsewhere

Documentation Should Include

- **Updated Status of Condition:** Stable, Improved, and/or Worsening
- **Types of Cardiomyopathies:** Dilated, Hypertrophic, Arrhythmogenic, or Restrictive
- **Risk Factors:** Family History, Coronary Heart Disease, Heart Attack, Long-Term Alcoholism, and/or Cocaine Abuse
- **Diagnostic Testing:** Blood Testing, ECG, Echo, X-ray, Stress Test
- **Treatment Plan:** Lifestyle Changes, Anticoagulant, Beta Blocker, ACE Inhibitor, Diuretic, Statin, Heart Ablation, Antihypertensive Drug, Antiarrhythmic, and/or Surgery

ICD-10 Codes and Descriptions

I42.00	Dilated cardiomyopathy ○ I42.01 - Familial-genetic dilated cardiomyopathy ○ I42.09 - Other dilated (nonfamilial) cardiomyopathy
I42.1	Obstructive hypertrophic cardiomyopathy Includes Hypertrophic subaortic stenosis (idiopathic)
I42.2	Other hypertrophic cardiomyopathy Includes Nonobstructive hypertrophic cardiomyopathy
I42.3	Endomyocardial (Eosinophilic) disease Includes terms: Endomyocardial (tropical) fibrosis, Löffler's endocarditis
I42.4	Endocardial Fibroelastosis Includes terms: Congenital cardiomyopathy, Elastomyofibrosis
I42.5	Other restrictive cardiomyopathy
I42.6	Alcoholic cardiomyopathy Note: Code also identifies presence of alcoholism (F10 -F10.99)
I42.8*	Other cardiomyopathies ○ I42.81 - Arrhythmogenic cardiomyopathy ○ I42.89 - Other cardiomyopathies not elsewhere classified
I42.9†	Cardiomyopathy, unspecified Includes Cardiomyopathy (primary) (secondary) NOS
I43.0	Cardiomyopathy in diseases classified elsewhere Code first underlying disease, such as: Amyloidosis (E85-E85.9) Glycogen storage disease (E74.0-E74.09) Gout (M10.0-M10.09) Thyrotoxicosis (E05.0-E05.91)

†Use only in the event no other code describes the condition.

*Additional digit requires to complete the code.

Documentation and Coding

Coding Examples

Case	The patient was admitted for treatment of acute on chronic diastolic heart failure. She had also been diagnosed with congestive heart failure and dilated cardiomyopathy. What is the correct code assignment?
ICD-10-CM	I50.33 – Acute on chronic diastolic (congestive) heart failure as the principal diagnosis. I42.0 – Dilated cardiomyopathy should be assigned as secondary diagnosis.
Rationale	Treatment typically focuses on management of congestive heart failure; therefore, heart failure (category I50.-) is reported as the principal diagnosis with an additional code for the cardiomyopathy.

References

- [ICD10CM/2027/ICD-10-CM-October-1-2026-FY27-Guidelines.pdf](#)

Questions?

Contact us at #Risk_Adjustments_and_clinical_Documentation@healthfirst.org.

For additional documentation and coding guidance, please visit the coding section on [HFproviders.org](https://www.healthfirst.org/HFproviders.org)

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