

# NAVIGATING THE HEALTHCARE SYSTEM IN THE U.S. FOR THE UNDERSERVED, MINORITY POPULATION

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October 5, 2023



# **Financial Disclosure**

**NONE** 





# A BROKEN AND DYSFUNCTIONAL SYSTEM

This year, the United States will spend a projected \$4.7 trillion on healthcare, representing 18% of the national economy.





### A LOW-VALUE SYSTEM

We spend **twice** as much per capita as almost any other country, nearly \$13,000 per year, while *85 million* Americans remain uninsured or underinsured.

Our health outcomes are often worse.

In terms of life expectancy, for example, we live far shorter lives than the people of many other industrialized nations. We are also worse in areas like life expectancy, infant mortality, and diabetes.







# SICK CARE vs. HEALTHCARE



The system in the U.S. focuses on reactively **treating the illness or symptoms** earning the name sick care.

Our **prevention model** focuses on keeping the community healthy by proactively creating whole-person health and preventing disease.

# THE BEST SICK CARE SYSTEM IN THE WORLD

Our healthcare delivery system is lacking.

We have the best doctors, the best hospitals, best academic health centers, best nurses, the best drugs, and we are leaders in research.

But our system is NOT available to ALL of our citizens. It is generally NOT community-based.

Our system is NOT equitable, coherent, comprehensive and cost-effective.

It does NOT deliver the best health. It is NOT fair or just.

We are changing that in New York and serving as a model for the nation.













Nicoya Peninsula, Costa Rica Thriving into Old Age--*lifestyle*, *diet*, *community*, *and environment* 

Minnesota: From Red Zone to Blue Zone Applying a holistic approach to improving the well-being of an entire community











Shariff De Los Santos
President
Basilica Medical Management
10.05.2023

# **PURPOSE & OBJECTIVES**



**PURPOSE** 

Inform about the importance of addressing disparities and inequalities in healthcare access and outcomes.

### **OBJECTIVES**

- Identify and address the barriers that prevent the closing of healthcare gaps.
- Share examples of successful initiatives, programs, or policies that have helped close healthcare gaps.
- Offer practical solutions and strategies for closing healthcare gaps.

FINANCIAL DISCLOSURE

None



# **AGENDA**



- 1. Who we are?
- 2. Who are the underserved?
- 3. Characteristics of vulnerable and underserved populations.
- 4. What to do at the time of treating the underserved patients?
- 5. Solutions to Close Gaps in Care.

# WHO WE ARE?



- Basilica Medical Management is a Management Service Organization (MSO) which oversees the operations of medical clinics (including Pediatrics, Family Medicine, Adults medicine and Gynecology) providing services in the neediest neighborhoods meeting the highest standard of services/care.
- We focus in helping our network of clinics to provide healthcare services in a culturally competent and patient-centered way to respect the individual patient's preferences, needs and values, and ensuring that patient values guide all clinical decisions.





## **OUR VISION**



BASÍLICA

To empower healthcare providers and organizations with comprehensive management services that streamline operations, enhance patient care, and improve financial outcomes.

# **OUR MISION**

To be the premier MSO in the healthcare industry, known for our innovative and effective solutions, exceptional customer service, and commitment to driving positive change.

We envision a future where healthcare providers are free to focus on patient care, with the support of our streamlined operations and administrative services.

WHO ARE THE UNDERSERVED?

Individuals with disabilities.

eligible for Medicaid.

# Latino populations. African American populations. Refugees. Individuals with limited English proficiency (LEP).

Medicaid-eligible consumers who are not enrolled in coverage despite being



# CHARACTERISTICS OF VULNERABLE AND UNDERSERVED POPULATIONS



High risk for multiple health problems and/or pre-existing conditions.

Have limited life options (e.g., financial, educational, housing).

Have a limited ability to understand or give informed consent without the assistance of language services.

Have mobility impairments.

Have a lack of access to transportation services.

# WHAT TO DO?



1

You should be able to recognize when a consumer might be underserved and understand that these patients might face barriers accessing health care programs and services.



You should be able to recognize how lacking coverage creates barriers to accessing health care.



You should be able to help consumers understand the importance of seeing a doctor regularly and having coverage, which can help reduce the costs of health care and allow consumers to get preventive care, get a timely diagnosis, and live longer, healthier lives.







# **SOLUTIONS TO CLOSE GAPS IN CARE**



# **CULTURALLY COMPETENT CARE**



**CULTURAL COMPETENCY TRAINING:** Train healthcare providers to understand and respect the cultural backgrounds, beliefs, and preferences of patients.

**INTERPRETER SERVICES**: Ensure access to interpreters and language assistance for patients with limited English proficiency.

**CALL CENTER:** Customer service or support center that is equipped to effectively communicate with and assist individuals from diverse cultural backgrounds. The goal of a culturally competent call center is to provide a positive and respectful customer experience while understanding and respecting the cultural differences and sensitivities of the people they serve.



# TELEHEALTH SERVICES



- TELEMEDICINE: Implement telehealth programs to provide remote healthcare services, especially in rural or geographically isolated areas.
- MOBILE HEALTH CLINICS: Deploy mobile healthcare units to reach underserved communities and provide basic healthcare services.

# **MOBILE APPS & TECHNOLOGY**



HEALTHCARE APPS: Develop and promote healthcare apps that provide information, appointment scheduling, and health monitoring tools for underserved populations.





# MEASURING AND REPORTING



DATA COLLECTION: Collect and analyze healthcare data to monitor progress in reducing disparities and adjust strategies as needed.

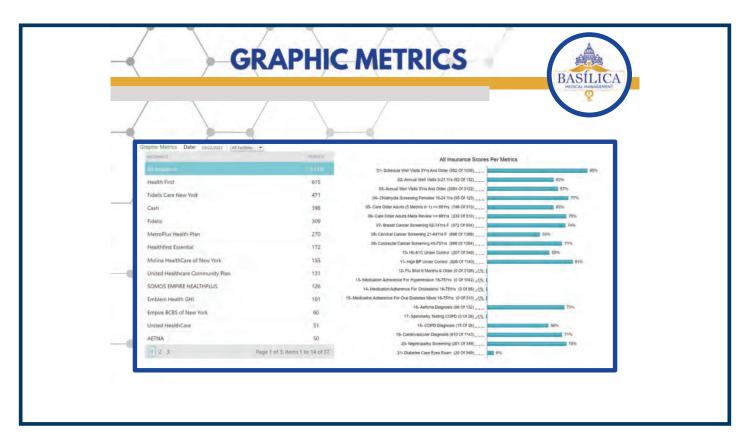
TRANSPARENCY: Promote transparency in healthcare quality and outcomes data to hold providers and institutions accountable.

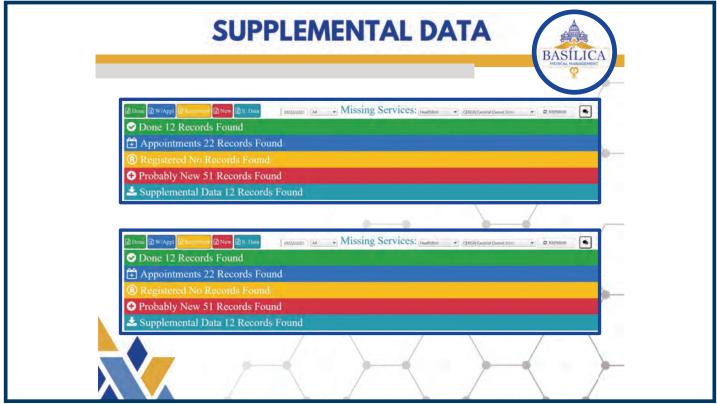
# **QUALITY APP-ELIGIBILITY**



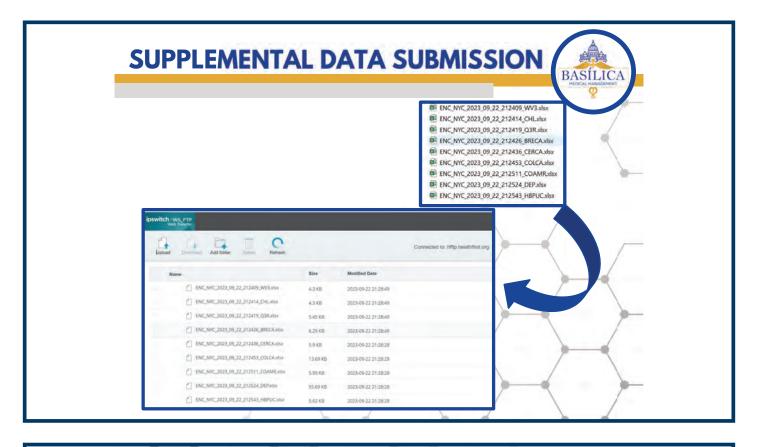
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# SUMMARY



We need to ensure that all individuals receive the necessary healthcare services and support they need, regardless of their background, socioeconomic status, or other factors.

Closing gaps in care is essential for achieving health equity and improving overall healthcare outcomes.

Let's use all the tools in our hands to let every single entity in this field know the progress of our efforts in order to get properly recognized for the work we do!



# CONTACT INFORMATION



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# REFERENCES



- Health Literacy and Communication: The Department of Health and Human Services' Office of Disease Prevention and Health Promotion (ODPHP) has pulled together key tools, research and reports, and resources for public health and health communication professionals. <a href="http://www.health.gov/communication/">http://www.health.gov/communication/</a>
- Coverage to Care: The Centers for Medicare & Medicaid Services (CMS) Office of Minority Health (OMH) has created a number of resources in English and Spanish to explain what health coverage is and how to use it to get the primary care and preventive services to help consumers and their families live long, healthy lives. http://www.hhs.gov/healthcare/coverage-to-care/
- Japa Billing Services: www.japabilling.com
- Getting Help in a Language Other than English: A CMS document that provides instructions for accessing the FFM Call Center written in the major languages spoken in the United States. http://marketplace.cms.gov/outreach-and-education/getting-help-in-alanguage-other-than-english.pdf
- The CMS Equity Plan for Improving Quality in Medicare: A plan for advancing health equity by
  improving the quality of care provided to minority and other underserved Medicare beneficiaries.
  The goals of the plan include increasing understanding and awareness of disparities, creating and
  sharing solutions, and accelerating implementation of effective actions.
  <a href="https://www.cms.gov/About-CMS/AgencyInformation/OMH/OMH">https://www.cms.gov/About-CMS/AgencyInformation/OMH/OMH</a> DwnldCMS EquityPlanforMedicare 090615.pdf