

### Controlling High Blood Pressure measure description

The percentage of members 18–85 years of age who had a diagnosis of hypertension and whose blood pressure (BP) was adequately controlled during the measurement year.

**Adequate control is defined as meeting any of the following criteria:**

- Members 18–59 years of age whose BP was <140/90 mm Hg
- Members 60–85 years of age with a diagnosis of diabetes whose BP was <140/90 mm Hg
- Members 60–85 years of age without a diagnosis of diabetes whose BP was <150/90 mm Hg

#### Tips:

- The most recent blood pressure reading of the year must be adequately controlled as defined above
- If the patient's blood pressure is high when you take it, take it again at the end of the visit
- Routinely monitor the blood pressure in both the L and the R extremities
- Record all blood pressure readings taken during appointments

For questions or additional information about this and other HEDIS/quality measures, please contact Autumn Kerr, Director, Clinical Quality, at [akerr@healthfirst.org](mailto:akerr@healthfirst.org).

