

May 1, 2021



Healthfirst Reimbursement Policy Updates

Effective June 1, 2021 | For All Lines of Business

As a part of Healthfirst's continuing efforts to ensure that our reimbursement policy standards are up to date and compliant with state and national industry standards, effective **June 1, 2021**, several changes will be made to our reimbursement policy. These changes will maintain compliance with industry-accepted coding and reimbursement practices, as well as state and national regulatory requirements.

For more details, click on the links below.

- [✔ Polysomnography and Sleep Studies \(5 policy updates\)](#)
- [✔ Unattended Polysomnography and Sleep Studies](#)
- [✔ Home Polysomnography and Sleep Studies \(2 policy updates\)](#)

Polysomnography and Sleep Studies (Policy Update 1 of 5)

Policy Overview

Effective June 1, 2021, Healthfirst will no longer reimburse polysomnography and sleep studies if an evaluation and management service has not been previously billed for the same date of service or within the past year.

Rationale

According to OIG Report A-05-12-00340 dated 10/08/2013, an in-person evaluation is required to determine whether polysomnography services are warranted; according to sleep medicine professionals, polysomnography should be performed within a year after the in-person evaluation.

Billing Information

This policy applies to the following CPT codes:

- 95782:** Polysomnography; younger than 6 years, sleep staging with 4 or more additional parameters of sleep, attended by a technologist.
- 95783:** Polysomnography; younger than 6 years, sleep staging with 4 or more additional parameters of sleep, with initiation of continuous positive airway pressure therapy or bi-level ventilation, attended by a technologist.
- 95808:** Polysomnography; any age, sleep staging with 1–3 additional parameters of sleep, attended by a technologist.
- 95810:** Polysomnography; age 6 years or older, sleep staging with 4 or more additional parameters of sleep, attended by a technologist.
- 95811:** Polysomnography; age 6 years or older, sleep staging with 4 or more additional parameters of sleep, with initiation of continuous positive airway pressure therapy or bi-level ventilation, attended by a technologist.

Polysomnography and Sleep Studies (Policy Update 2 of 5)

Policy Overview

Effective June 1, 2021, Healthfirst will no longer reimburse polysomnography and sleep studies if it is not reported with an acceptable diagnosis code.

Rationale

According to LCD Policy L36593 (Jurisdiction M), diagnostic testing will only be covered if the patient demonstrates clinical evidence of one or more of the following conditions: hypersomnia, narcolepsy, chronic respiratory failure, sleep disturbances.

Billing Information

This policy applies to the following CPT codes:

- 95782:** Polysomnography; younger than 6 years, sleep staging with 4 or more additional parameters of sleep, attended by a technologist.
- 95783:** Polysomnography; younger than 6 years, sleep staging with 4 or more additional parameters of sleep, with initiation of continuous positive airway pressure therapy or bi-level ventilation, attended by a technologist.
- 95808:** Polysomnography; any age, sleep staging with 1–3 additional parameters of sleep, attended by a technologist.
- 95810:** Polysomnography; age 6 years or older, sleep staging with 4 or more additional parameters of sleep, attended by a technologist.
- 95811:** Polysomnography; age 6 years or older, sleep staging with 4 or more additional parameters of sleep, with initiation of continuous positive airway pressure therapy or bi-level ventilation, attended by a technologist.

Polysomnography and Sleep Studies (Policy Update 3 of 5)

Policy Overview

Effective June 1, 2021, Healthfirst will no longer reimburse polysomnography and sleep studies if billed more than one unit daily, or if billed with more than one unit in two continuous days by any physician.

Rationale

- According to OIG Report A-05-12-00340 dated 10/08/2013, beneficiaries can undergo only one polysomnography service in a day, as the process requires an overnight stay.
- According to OIG Report OEI-05-12-00340, October 2013, page 9, providers should not submit two separate claims if they perform a split-night service on a single night. Because a split-night service involves only one overnight stay, submitting two polysomnography claims for a split-night service constitutes inappropriate unbundling.

Billing Information

This policy applies to the following CPT codes:

- 95782:** Polysomnography; younger than 6 years, sleep staging with 4 or more additional parameters of sleep, attended by a technologist.
- 95783:** Polysomnography; younger than 6 years, sleep staging with 4 or more additional parameters of sleep, with initiation of continuous positive airway pressure therapy or bi-level ventilation, attended by a technologist.
- 95808:** Polysomnography; any age, sleep staging with 1–3 additional parameters of sleep, attended by a technologist.
- 95810:** Polysomnography; age 6 years or older, sleep staging with 4 or more additional parameters of sleep, attended by a technologist.
- 95811:** Polysomnography; age 6 years or older, sleep staging with 4 or more additional parameters of sleep, with initiation of continuous positive airway pressure therapy or bi-level ventilation, attended by a technologist.

Polysomnography and Sleep Studies (Policy Update 4 of 5)

Policy Overview

Effective June 1, 2021, Healthfirst will no longer reimburse polysomnography and sleep studies with titration of calibrate continuous positive airway pressure (CPAP) or bi-level ventilation when billed three or more times with different dates of service within a 90-day period.

Rationale

According to OIG Report A-05-12-00340 dated 10/08/2013, it is rarely medically necessary for a beneficiary to undergo more than two titration services in such a short time.

Billing Information

This policy applies to the following CPT codes:

- 95783:** Polysomnography; younger than 6 years, sleep staging with 4 or more additional parameters of sleep, with initiation of continuous positive airway pressure therapy or bi-level ventilation, attended by a technologist.
- 95811:** Polysomnography; age 6 years or older, sleep staging with 4 or more additional parameters of sleep, with initiation of continuous positive airway pressure therapy or bi-level ventilation, attended by a technologist.

Polysomnography and Sleep Studies (Policy Update 5 of 5)

Policy Overview

Effective June 1, 2021, Healthfirst will no longer reimburse polysomnography and sleep studies if billed more than two times during a three-year period.

Rationale

According to OIG Report A-05-12-00340 dated 10/08/2013, although it may be necessary in some cases for a beneficiary to undergo repeat tests, it is rarely medically necessary for beneficiaries to receive multiple polysomnography services in consecutive years.

Billing Information

This policy applies to the following CPT codes:

95782: Polysomnography; younger than 6 years, sleep staging with 4 or more additional parameters of sleep, attended by a technologist.

95808: Polysomnography; any age, sleep staging with 1–3 additional parameters of sleep, attended by a technologist.

95810: Polysomnography; age 6 years or older, sleep staging with 4 or more additional parameters of sleep, attended by a technologist.

Unattended Polysomnography and Sleep Studies

Policy Overview

Effective June 1, 2021, Healthfirst will no longer reimburse unattended sleep studies if billed without an obstructive sleep apnea diagnosis.

Rationale

According to LCD L33405 (Jurisdiction L-N), HST can be covered for the purpose of testing a patient for the diagnosis of obstructive sleep apnea (OSA) if the home sleep testing is reasonable and necessary for the diagnosis of the patient's condition.

Billing Information

This policy applies to the following CPT codes:

95800: Sleep study, unattended, simultaneous recording; heart rate, oxygen saturation, respiratory analysis (e.g., by airflow or peripheral arterial tone), and sleep time.

95801: Sleep study, unattended, simultaneous recording; minimum of heart rate, oxygen saturation, and respiratory analysis (e.g., by airflow or peripheral arterial tone).

95806: Sleep study, unattended, simultaneous recording of heart rate, oxygen saturation, respiratory airflow, and respiratory effort (e.g., thoracoabdominal movement).

G0398: Home sleep study test (HST) with type II portable monitor, unattended; minimum of 7 channels: EEG, EOG, EMG, ECG/heart rate, airflow, respiratory effort, and oxygen saturation.

G0399: Home sleep test (HST) with type III portable monitor, unattended; minimum of 4 channels: 2 respiratory movement/airflow, 1 ECG/heart rate, and 1 oxygen saturation.

G0400: Home sleep test (HST) with type IV portable monitor, unattended; minimum of 3 channels.

Home Polysomnography and Sleep Studies (Policy Update 1 of 2)

Policy Overview

Effective June 1, 2021, Healthfirst will no longer reimburse home sleep studies if an evaluation and management has not occurred on the same date of service or within the past six months.

Rationale

According to LCD L36902 (Jurisdiction J-15), a home sleep test is covered only when it is performed in conjunction with a comprehensive sleep evaluation.

Billing Information

This policy applies to the following CPT codes:

- G0398:** Home sleep study test (HST) with type II portable monitor, unattended; minimum of 7 channels: EEG, EOG, EMG, ECG/heart rate, airflow, respiratory effort, and oxygen saturation.
- G0399:** Home sleep test (HST) with type III portable monitor, unattended; minimum of 4 channels: 2 respiratory movement/airflow, 1 ECG/heart rate, and 1 oxygen saturation.
- G0400:** Home sleep test (HST) with type IV portable monitor, unattended; minimum of 3 channels.

Home Polysomnography and Sleep Studies (Policy Update 2 of 2)

Policy Overview

Effective June 1, 2021, Healthfirst will no longer reimburse home sleep studies when it is performed more than once in a single date of service by any provider within a year.

Rationale

According to LCD L36902 (Jurisdiction J-15), more than one HST per year interval would not be expected. If more than one HST session is performed for suspected obstructive sleep apnea (OSA), persuasive medical evidence justifying the medical necessity for the additional tests will be required.

Billing Information

This policy applies to the following CPT codes:

G0398: Home sleep study test (HST) with type II portable monitor, unattended; minimum of 7 channels: EEG, EOG, EMG, ECG/heart rate, airflow, respiratory effort, and oxygen saturation.

G0399: Home sleep test (HST) with type III portable monitor, unattended; minimum of 4 channels: 2 respiratory movement/airflow, 1 ECG/heart rate, and 1 oxygen saturation.

G0400: Home sleep test (HST) with type IV portable monitor, unattended; minimum of 3 channels.