

Autism Spectrum Disorders for the Primary Care Practitioner and Other Providers

Friday, May 5, 2023 Virtual Conference

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Health

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Young Children with ASD and the New York City Early Intervention Program

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What is the NYC Early Intervention Program?

The <u>Early Intervention Program</u> works with families of children birth to age 3 years with known or suspected developmental delays or disabilities:

- To provide evaluations
- To provide individualized therapy and/or education services if found eligible according to NYS eligibility criteria

Almost 35,000 children were referred to the NYC EIP in 2022. Almost 33,000 children received services through the Program.



National and Local Administration

- Administrative Structure
 - Federal: Office of Special Education Programs (OSEP)
 - State: Each state determines lead agency: State Department of Health (SDOH) in NYS
 - Local/Municipal Agency in NYC: <u>Department of Health and Mental</u> <u>Hygiene</u> (DOHMH)
- Day to day operations: 5 Regional Offices
- · Each state determines eligibility criteria
- Each state determines fee structure

Who Provides El Services?

- NYS DOH gives approval to provide services to NYC EI children
- There are almost 10,000 therapists, early childhood educators, and service coordinators
 - working either independently
 - or for one of the >160 provider agencies in NYC

Key Program Components

Family-centered Voluntary Confidential Free/no out-of-pocket costs to families No regard for immigration status



Referrals

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Phone or fax – to the Regional Office in the borough where the child lives

Anyone can make a referral, including parents/caregivers





Initial Service Coordination

- Initial service coordination (ISC) agency assigned by Regional Office.
- ISC contacts family promptly to obtain consent to participate in EI and to explain the key Program components and process.
- ISC helps family select agency to conduct Multidisciplinary Evaluation (MDE).

Multidisciplinary Evaluation (MDE)

Involves 2 or more professionals from different disciplines, one of whom is a specialist in the area of the child's suspected delay/disability.

Assesses level of functioning in 5 areas:

- cognition
- physical (incl. vision/hearing)
- communication
- social-emotional
- adaptive development

Primary care provider is asked to provide medical info, e.g., CH205 (Child and Adolescent Health Examination form)



Eligibility Requirements

Each State sets forth the eligibility requirements. In NYS, children can be found eligible based on a delay or a diagnosed condition.

Delay definitions:

33% delay in one functional area of development or

25% delay in two functional areas of development

OR

12 month delay in one functional area

OR

A score of at least 2.0 SDs below the mean in one functional area or

A score of at least 1.5 SDs below the mean in each of two functional areas

Eligibility Requirements

Examples of physical and mental diagnoses with a high probability of resulting in developmental delay (i.e., diagnosed condition) include:

- ≻Down Syndrome
- ➢ Fetal Alcohol Syndrome
- Central nervous system abnormality
- >Neuromuscular disorders like cerebral palsy and spina bifida
- >Hearing or visual impairment that cannot be corrected with treatment or surgery
- >Emotional/behavioral disorders like Autism Spectrum Disorder (ASD)

-NYS DOH EIP Memorandum

Health

Eligibility Requirements

A child found **Not Eligible** for Early Intervention Referral to the <u>Developmental Monitoring Unit</u> Referral to external services

What is the role of the Developmental Monitoring Unit?

Monitors and provides ongoing developmental screenings (ASQ-3) for infants and toddlers who are AT RISK of developmental delay due to medical, biological and/or social or environmental factors

Individualized Family Service Plan (IFSP)

- Is a comprehensive plan of services, linked to Functional Outcomes, that reflects the family's concerns, priorities and resources
- Is developed by the IFSP Team (which includes the parent(s)/caregivers, Initial Service Coordinator, Early Intervention Official Designee and a member of the evaluation team)
- Reflects that El is family-centered (Parents are an integral part of their child's service plan and are expected to participate with the team to help carry out activities so that learning is continuous)
- Must be developed within 45 days of referral to EI
- Indicates the authorized frequency, intensity, location and method of service delivery



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Embedded Coaching and Natural Environments

Natural environments are settings that are natural or typical for a same-aged infant or toddler without a disability (i.e., home and community settings and family routine activities)

Embedded Coaching includes the methods and approaches used to provide Early Intervention services:

- Integrates therapeutic activities within the natural flow of daily routines of family life, learning from familiar people in familiar environments
- Since young children learn from repetition and by embedding strategies within their family routines, they get lots of practice within meaningful contexts
- Expands the child's learning opportunities beyond traditional intermittent sessions with an interventionist

ASD in the EI population

El serves approximately 8,000 children with ASD each year.

Children referred with an ASD diagnosis receive a multidisciplinary evaluation to confirm the diagnosis and to determine service needs.

Children already in EI for whom ASD is suspected receive a supplemental evaluation by a psychologist or SW.

MDEs are reviewed more closely for children under 18 months of age who receive an ASD diagnosis through an EI evaluation agency.



Individualization of services for children with ASD

- "If you've seen one child with autism, you've seen one child with autism."
- Plans for service type, session length, and setting:
 - Individualized
 - Collaboration with caregivers and their preferences and schedule
 - · Child characteristics, current behaviors, developmental levels
 - Coordination between providers from various disciplines and different agencies
 - · Continually assessed for progress toward specified goals; adjusted as needed



Interventions in ASD

Developmental sequences should be used to guide goal development

Focus is on skills that are foundational across a broad range of outcomes and contexts, such as

- Attending to others
- Imitating others
- Sharing emotions and interests via joint attention
- Engaging in coordinated, reciprocal activities with others
- Understanding that meanings are transmitted between people via gestures, sounds, expressions, and words

Generalization should be assessed and promoted during every stage of the intervention process

Parents are included as active participants throughout





Treatment Options for ASD

- ABA (Applied Behavioral Analysis)
- TEACCH (Treatment and Education of Autistic and Communication Handicapped Children)
- Greenspan method DIR (**D**evelopmental, Individual, **R**elationship-based)/Floortime (Profectum Foundation)
- JASPER (Joint Attention Symbolic Play Engagement Regulation)



Transition Planning

At the IFSP meeting closest to the child's second birthday, or when the child is getting ready to "graduate," transition options are discussed with the parents. A written plan is included in the document.

- The plan will include the steps the parents and their team must take to make sure they have the information needed when their child leaves EI.
- The parent and the IFSP team will discuss all preschool options. All families are encouraged to apply to 3-K for All; in addition, they may choose to refer to the DOE Committee on Preschool Special Education (CPSE).
- The parent will update the transition plan with their team at every IFSP meeting after that.



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Transition from EI to CPSE

- With parental consent, the EIP notifies the Committee on Preschool Special Education of a child's potential eligibility.
- CPSE determines if a child is eligible for preschool special education services.
- If the CPSE eligibility determination is not made before a child's 3rd birthday, El services stop on the day before the child's 3rd birthday.

Referring Directly to CPSE

If a parent is concerned about their child's development, they can write a letter to their local CPSE. This letter serves as a referral and must be made in writing. The parent should:

- Say that they are requesting a preschool special education evaluation
- Provide their child's full legal name and date of birth
- · Describe any specific areas of concern about their child's development
- · List any services that their child has received in the past
- Provide their full contact information, including name, an address, and a telephone number where the CPSE can reach them, and
- State their preferred language if it isn't English





Transition: Referral to CPSE • Parents are responsible for referring their child to CPSE. • The SC can assist the parents in making the referral by sending the Parent's Referral to the Committee on Preschool Special Education via the Document Transfer System (DTS). The referral can be made: ✓ 120 days before the child first becomes eligible for CPSE services, but ✓ No later than 90 days before the child's third birthday If parents want to share EI information with CPSE, the SC will ask parents to sign the Consent for Transmittal of EIP Evaluations and *Records* form. Health Transition Tool Kit Item 2 TRANSITION PROCESS At IFSP Closest to 2ⁿ⁴ birthday (BY October 1⁸ OR April 1⁸) Contact(s) with Parents Carry Out Transition Activities Hold Transition Conference (If parent declines, provide information in writing) Develop Transition Plan Introduce transition planning for all children Discuss CPSE and for othe Additional meetings with CPP meeting program shell Additional meetings with CPP meeting programs Earns out also being helds adjust for manastring Earns out also be prepare program shell who may be preveding services to the drild in new setting Earns out also be prepare program shell who may be preveding services to the drild in new setting If potentially eligible Send to CPSE apports and services Explain CPSE opt-out policy and deadline for objecting A second construct Plan Nen for hefernal(s) Plans stops to help child adjust to new settings Plan stops to prepare program skill Plan other stops to pression (Before Septembe 2rd OR March 1rd) (30 days) Provide written opt-out policy/information Notification Invitation to Transition Conference (if partent consent) . Reformat Initial CPSE Meeting Sand parent referral to CFSE Referral to other programs an Cottain consent for referse of r send with referral Heid before Age 36 month (3° birthday) transition Provide information on CPSE eligibility/commonSection Age 23-25 month Age 24-32 month Age 24-30 month Age 27-33 month Age 36 First potent lal eligibil ity FIP eligbil by 36-44 Addresses key elements yet is flexible enough to meet the individual needs and timelines of children and families TRANSITION TIMELINES Child's Birthday Date Child First Eligible Notice To CPSE At Least 120 Day Transition Conference At Least 90 Days *Last Month Recommended For Referral Last Date to Receive EIP Before The Child Is First Eligible Before Child Is First (Approximately 90 Days Before Child Turns Three) Service Eligib October 1st ary to Jun -- 84 nber 2nd 3 months prior to birthday

July 1st

July 1"

July to August

September to December March 1st

March 11

April 1st

April 1

Autism Spectrum Disorders for the Primary Care Practitioner and Other Providers

3 months prior to birthday

3 months prior to hirthday

August 31st

January 1⁻¹ Ravi





Special Education

The Early Childhood Years

AGENDA

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- 1. Overview of Programs and Services Birth-Five
- 2. Committees on Preschool Special Education
- 3. Transitioning from Early Intervention to CPSE
- 4. The Committee on Preschool Special Education (CPSE) Process
- 5. Turning 5 Process

Public Schools

6. Autism Spectrum Disorder (ASD) Programs







Birth-Five Overview

• DOHMH Early Intervention (EI)

 In New York City, children with developmental delays and disabilities ages 0-3 may receive these supports through Early Intervention Program (EI), administered by the Department of Health and Mental Hygiene (DOHMH).

• NYC Public Schools Committee on Preschool Special Education (CPSE)

• For children **ages 3 to 5** with an educational disability, or a delay or disability that affects learning, the NYC Public Schools has a variety of special education programs and services. The **Committee on Preschool Special Education (CPSE)** is responsible for coordinating these services.

NYC Public Schools Early Childhood Care & Education

- NYC Public Schools offers programs for infants and toddlers based on income eligibility and children may receive El services in these programs
- All children turning three and four may also be eligible for free or reduced cost early childhood care and education programs such as **3-K and Pre-K for All.**

Program Settings

Public Schools

- District Schools (Districts 1-32 and D75). Some public elementary schools offer 3-K and pre-K programs.
 - Community school districts 1-32 offer general education classes, a small number of ASD programs, as well as other special class and integrated programs. District 75 offers special classes and a small number of integrated classes.
- Pre-K Centers. Run by DOE staff, these settings only serve grades below kindergarten.
 These schools offer general education classes, as well as special class and integrated programs.
- NYC Early Education Centers (NYCEECs). These community-based organizations are selected through a rigorous evaluation process and partner with DOE to provide 3-K.
 - These programs offer general education classes.
- Contracted Preschool Special Education Programs ("4410"). These programs specialize in providing special education services. They provide special classes in an integrated setting (SCIS) that serve children with and without disabilities.
- Family Child Care (FCC). These are home-based programs that offer 3-K in a home setting by a licensed, qualified childcare provider.

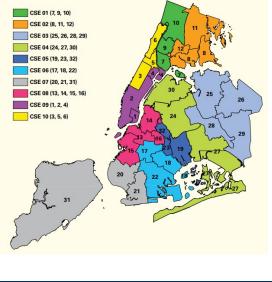
All of these settings serve children with and without disabilities. Students with IEPs may receive CPSE services in these settings.



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Committees on Preschool Special Education (CPSE)

- The CPSE is responsible for coordinating the special education process for children aged 3 to 5.
- There are 10 CPSEs in different areas of the city and they are part of a larger Committee on Special Education (CSE) office.
- A Chairperson leads each CPSE and designates CPSE Administrators who will work directly with families.
- CPSEs also have Community Coordinators who support families as they go through the process.



NYC Public Schools

Similarities and Differences between EI and the CPSE

	Early Intervention	Committee on Preschool Special Education		
Evaluation	Focused on child development	Focused on learning		
Classification	Children have a medical diagnosis or developmental delay; auto-eligibility	Children are classified as a Preschool Student with a Disability		
Service Plans	Individualized Family Service Plan (IFSP)	Individualized Education Program (IEP)		
Parent Involvement	Parents are actively involved in the process & development of the child's plan	Parents are actively involved in the process & development of the child's plan		
Arranging Services	Families work with the EI Official Designee (EIOD) and their EI Service Coordinator	Families work with a CPSE Administrator		
Location of Service	Commonly at home or early childhood program	Commonly at a childcare or preschool program		
10 vs 12 months	Services are offered throughout the calendar year	Typically offered 10 months in the year; summer services are offered to children who qualify		
Cost	Services are free of charge to eligible children	Services are free of charge to eligible children		
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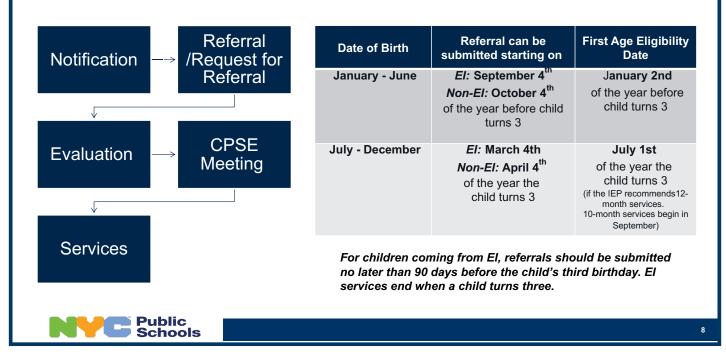
Transition Planning

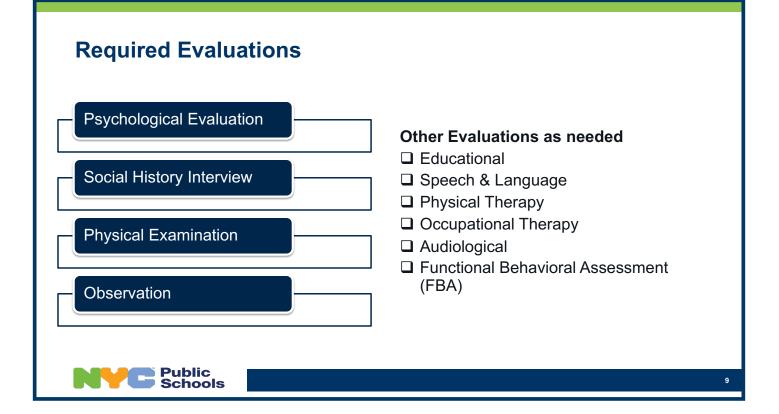
- Families begin talking to their Early Intervention Service Coordinator about their child's transition at the Individualized Family Service Plan (IFSP) meeting closest to their child's second birthday.
- At the meeting: Parent(s), the Early Intervention Official Designee (EIOD), and the Service Coordinator come up with a Transition Plan together.
- Families are also entitled to have a **Transition Conference**. This is a meeting which can be arranged by the EI Service Coordinator. They will invite the EIOD and a CPSE Administrator, who will discuss the preschool special education process.



CPSE Process

Public Schools





EI Documents and Recent Evaluations

Public Schools

- A child's El service plan, evaluations and progress reports may be very helpful as the CPSE is planning for the preschool evaluation.
- With families' consent, El evaluations completed within the past 6 months can be used by the CPSE to help establish eligibility for preschool special education services.
- These can be transmitted along with the referral by the family's EI Service Coordinator.
- Parents should also inform the evaluation agency they selected about these recent evaluations. This may reduce the number of appointments.





Eligibility for Preschool Special Education

- To be found eligible, the CPSE must determine that a child is a "**preschool student with a disability**." This determination is based on evaluations showing that the child has a significant delay in development, an educational disability, or a **delay or disability that affects learning**.
- A child may be eligible for preschool special education programs and services if they are showing substantial delays in any of the following areas:
 - Cognitive thinking and learning
 - Language & communication understanding and using language
 - Adaptive self-help skills such as toileting, eating, and dressing
 - Social-emotional behaviors such as getting along with others and expressing feelings
 - **Motor development** physical development, including delays or disorders involving vision, hearing, and movement



Extending Early Intervention Services

If the CPSE Meeting is held before a child turns 3 AND the child is found eligible for services, families can choose to either:

- End El services and begin preschool special education services at that time; or
- Extend El services depending on the child's birth date

Birth Date	Last Date for Extended El Services
Turn three between Jan 1st and Aug 31 st	Aug 31 st of the year they turn three
Turn three between Sept 1st and Dec 31 st	Dec 31 st of the year they turn three

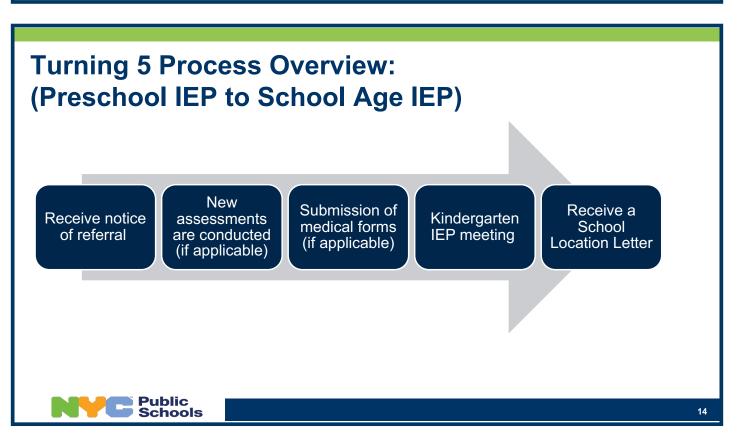


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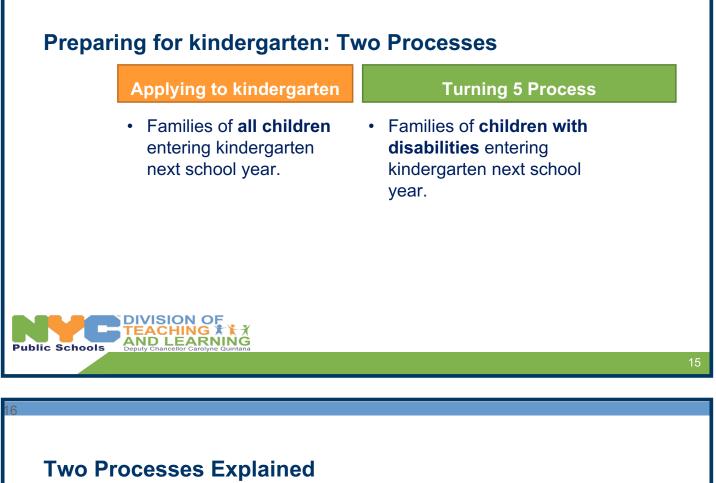
Continuum of Services & Least Restrictive Environment

Programs and Services	Description
Related Services	Related services include physical therapy, occupational therapy, speech/language therapy, assistive technology, and others.
Special Education Itinerant Teacher (SEIT)	A SEIT is a special education teacher who works closely with a student on academic, emotional, and social skills. This service can be delivered in small groups or one-on-one at a child's regular early childhood program, at another child care location identified by the parent, or at the family's home in certain situations.
Special Class in an Integrated Setting	This is a classroom in which students with and without IEPs are educated together.
Special Class (self-contained)	This is a classroom that only serves students with IEPs whose needs cannot be met within the general education setting or SCIS classroom.









Applying to kindergarten

- Explore Your Options
- Apply to kindergarten
- Receive an Offer Letter
- Pre-register

AND LEARNING

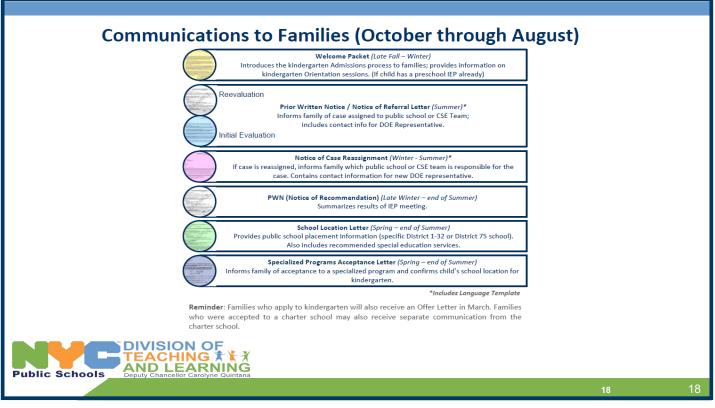
Public Schools

Turning 5 Process

- Contact from IEP team
- New Assessments (if • applicable)
- Submit Medical Forms (if applicable)
- Kindergarten IEP meeting •
- **Receive School Location** • Letter







Autism Spectrum Disorders for the Primary Care Practitioner and Other Providers

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Specialized Programs for Students with Autism Spectrum Disorder (ASD)

- There are students with autism in all settings (e.g., general education, ICT, special class, District 75).
- The DOE recognizes some students with autism, benefit from a specially designed program with a developed model of support and services. These specialized programs are offered in Districts 1-32 schools.
- The two ASD specialized programs are:
 - ASD Nest: ICT (reduced class size)
 - ASD Horizon: special class in community school



ASD Programs: Student Profile

Classification: Meets the New York State Department of Education diagnostic criteria for Autism.

Category	ASD Nest Criteria	ASD Horizon Criteria
Cognition / Intelligence	Average or above average IQ	Below (borderline) average to average IQ
Instruction / Achievement	Academics are on or close to grade level. Students are able to work independently and in small groups, without the support of a paraprofessional	Academics are on or approaching grade level. Benefits from instruction based on the principles of applied behavior analysis. Works independently for several minutes.
Language	On or close to age level except in the area of pragmatics	Communicates functionally. Speaks in at least 2–3-word meaningful phrases. Able to express needs and wants. More developed language for school age students. Echolalia may be present.
Social Functioning	Mild to moderate delay or difference. Students demonstrate poor skills in interacting and/or playing with peers or adults, rigidity, and self- regulation	Able to engage appropriately in activities at times but is often solitary.
Behavior	Students demonstrate mild behavioral challenges related to autism.	Students demonstrate mild to moderate behavioral challenges related to autism.
Department of Education	of	

Autism Spectrum Disorders for the Primary Care Practitioner and Other Providers

ASD Nest Program

- Reduced size Inclusive Co-teaching (ICT) class (increases in size as students age up)
- Both special and general education teacher have completed pre-service training
- Students participate in the general curriculum and are academically on grade level or above and cognitively average or above
- Social Development Intervention (SDI) focuses on social functioning, social and pragmatic communication in small group led by a speech therapist
- Supported by NYU Nest Support Project



ASD Horizon Program

Department of Education

- Special Class: 8:1:1 (8 students with classification of autism, 1 special education teacher and 1 programmatic paraprofessional)
- ASD Horizon classrooms utilize the same grade curricula as used in same grade general and ICT classrooms
- Classroom teachers and programmatic paraprofessionals all have pre-service training and ongoing professional development
- ASD Horizon Social Curriculum
- ASD Central Coaches provide weekly support to ASD Horizon teachers and staff
- Rethink Ed is an online resource available to ASD Horizon programs







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ASD Classroom Design: A therapeutic environment

Since students with ASD struggle with sensory regulation, our ASD classrooms are designed to support our students. All ASD program classrooms should have:

- reduced visual and auditory stimulation
- have visual supports (visual schedules, voice scales)
- clearly defined work areas
- flexible seating options
- quiet corner for all students



Applying to ASD Programs: Application Process Step 1: Considerations on supporting families to submit an ASD application. · Consider the child's academics. Are they making expected progress? · Consider the child's daily functioning e.g., activities of daily living - grooming, dressing self, feeding self Consider the child's communication skills. Can they communicate their needs? Are they making progress? Is the child making age and developmental expected progress? If not, what supports are needed? Step 2: Submit an application to ASDPrograms@schools.nyc.gov Applications and Family Guides are available online at: <u>http://schools.nyc.gov</u>. Search for "ASD Programs." · Families can work with their child's school to submit an application online, they will receive an electronic confirmation that the application was received. Applications can be submitted at any time of the year and are accepted on an ongoing basis. Step 3: Central Specialized Programs Team review The ASD Team reviews the information available in SESIS. This includes evaluations, testing, observations, progress reports, and IEPs. If new and updated testing is needed, the ASD Team will notify the child's family and work to secure the testing with the child's school or district Committee on Special Education (CSE). Department of Education 24



Applying to ASD Programs: Application Process

Step 4: Eligibility determination and notification

- Based on the information gathered from a review of the IEP, assessments, conversations with school teams and the Central ASD team will determine if an ASD Program would provide the child with the right level of support.
- An observation may be conducted prior to a determination on the application. The ASD team will be in contact with the family and the child's school to arrange an observation.
- The ASD team will be in communication with the family and the child's school about an available placement if the child is eligible for the program.

Step 5: Placement

- Families will receive a letter that confirms the new placement. This is referred to as a school location letter or school assignment form.
- The ASD Team will share the family contact information with the new school (receiving school) so that you can connect to set up a visit and appointment to register your child.
- If your child requires specialized transportation (school bus), the new school will be able to request a bus route after your child is registered at the school. The new bus route may take 7-10 school days to be assigned.

QR Code to Specialized Program Page-ASD Programs Family Guides and Applications:



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Resources

- Committees on Preschool Special Education <u>https://schools.nyc.gov/cse</u>
- A Family Guide to Preschool Special Education Services (On the DOE website's "Moving to Preschool" page)
- DOE Guide to the El-to-Preschool Transition (On the DOE website's "Moving to Preschool" page; scroll down to the section on "Transitioning from Early Intervention")
- DOE Early Intervention Transition Coordinators
 - Email: EltoPreschool@schools.nyc.gov
 - Helpline: 646-389-7171
- Early Childhood Options: <u>MySchools.nyc</u>

Public Schools



Contacts

Торіс	Contact Information
ASD	Email: ASDprograms@schools.nyc.gov
Early Intervention (EI) Transition	Helpline: 646-389-7171 Email: <u>EltoPreschool@schools.nyc.gov</u>
Related Services	Email: RelatedServices@schools.nyc.gov
Special Education	Email: SpecialEducation@schools.nyc.gov
Students in Temporary Housing	STHinfo@schools.nyc.gov
Assistive Technology	CATpreschool@schools.nyc.gov
Office of School Health	OSH@health.nyc.gov
Impartial Hearing Office	IHOInquiry@schools.nyc.gov
Early Childhood (general inbox)	EarlyChildhood@schools.nyc.gov
Enrollment (3-K, Pre-K and Elementary Admissions)	Outreach Team: 212-637-8000 or 718-935-2009 or call 311 Email <u>ESenrollment@schools.nyc.gov</u> You may also sign up for the <u>3-K Admissions email list</u>
urning Five	Turning5@schools.nyc.gov





