

First Episode Psychosis (FEP) Practice Guidelines

A myriad of data gathered over the past two decades supports the importance of evidence-based early intervention to help people maximize recovery following a first episode of psychosis (FEP). Likewise, Healthfirst supports the need for specialized expertise in the assessment and care of special populations, including individuals experiencing FEP, and encourages providers to familiarize themselves with and adopt evidence-based practices.

The recommended FEP practice guidelines can be found in the National Institute for Mental Health (NIMH) report, "[***Evidence-Based Treatments for FEP: Components of Coordinated Specialty Care.***](#)"

You may also visit [OnTrackNY](#) to learn more about this innovative treatment program that provides evidence-based FEP services throughout New York State.